

Bacon, Lettuce and Tomato

Calories	Fat	Sat. Fat	Carbs	Protein	WW ProPoints	SW Sns Extra Easy
312	10	3.6	40.8	14.8	8	10

Skinni Club (Chicken & Bacon)

Calories	Fat	Sat. Fat	Carbs	Protein	WW ProPoints	SW Sns Extra Easy
348	7.9	2.4	41.2	28.1	8	10

Houmous, Carrot & Olive

Calories	Fat	Sat. Fat	Carbs	Protein	WW ProPoints	SW Sns Extra Easy
312	9.6	1.5	45.7	10.6	7	13

Chicken Mayo Bloomer

Calories	Fat	Sat. Fat	Carbs	Protein	WW ProPoints	SW Sns Extra Easy
331	4.6	1.4	45.8	26.7	9	8

Tuna Mayo & Cucumber

Calories	Fat	Sat. Fat	Carbs	Protein	WW ProPoints	SW Syns Extra Easy
268	2.9	0.7	40.2	20.3	7	9.5

Egg Mayo & Tomato

Calories	Fat	Sat. Fat	Carbs	Protein	WW ProPoints	SW Syns Extra Easy
292	8	2.2	41.3	13.8	8	10

Coronation Chicken Bloomer

Calories	Fat	Sat. Fat	Carbs	Protein	WW ProPoints	SW Syns Extra Easy
347	5	1.4	48.2	27.2	9	8.5

Cheese & Pickle Bloomer

Calories	Fat	Sat. Fat	Carbs	Protein	WW ProPoints	SW Syns Extra Easy
311	4.1	2.1	51.7	16.7	9	14

New Yorker (Beef, Gherkins, Cheese, Mustard)

Calories	Fat	Sat. Fat	Carbs	Protein	WW ProPoints	SW Syns Extra Easy
319	8.7	3.3	41.2	19	8	11.5

Ham & Mustard Mayo Bloomer

Calories	Fat	Sat. Fat	Carbs	Protein	WW ProPoints	SW Syns Extra Easy
294	4.6	1.4	45.9	17.3	8	7.5

Chicken, Stuffing & Cranberry

Calories	Fat	Sat. Fat	Carbs	Protein	WW ProPoints	SW Syns Extra Easy
373	3.9	1.4	56.9	27.6	10	10.5