

# Homemade Skinni Soup of the Week

## Roast Squash & Tomato Soup



	<b>Cals</b>	<b>Fat</b>	<b>Sat. Fat</b>	<b>Carbs</b>	<b>Protein</b>	<b>WW ProPoints</b>	<b>SW Syns Extra Easy</b>
<b>Reg</b>	<b>124</b>	<b>0.7</b>	<b>0.1</b>	<b>25.4</b>	<b>4</b>	<b>0</b>	<b>0</b>
<b>Lrg</b>	<b>163</b>	<b>1</b>	<b>0.1</b>	<b>33.4</b>	<b>5.4</b>	<b>0</b>	<b>0</b>

	<b>Out</b>	<b>In</b>
<b>Reg</b>	<b>£2.15</b>	<b>£2.50</b>
<b>Lrg</b>	<b>£2.75</b>	<b>£3.20</b>